

Hello again,

I truly hope this E-News finds each of you in good physical health. It has been a tough few months for a lot of us.

The Board of Trustees of RCA has continued to do the business of RCA through e-mail and Zoom Meetings. (Every third Sunday at 11am Eastern) As you know, the 2020 Annual RCA International Convention has been cancelled. We hope we can continue with our tradition next summer in Tucson.

Due to the cancellation of the Convention, there will be not Annual Business meeting in 2020. The Annual Business meeting is normally held on the Friday before the Convention. There are no ballot items this year as they have all been withdrawn.

The Annual Report will be available on the RCA website for review on July 27th. In order to allow for the fellowship to put forth questions regarding the Annual report, the BOT has set aside a Board meeting for this purpose. We will meet by ZOOM on Sunday, August 16, 2020 from 11am-1pm Eastern specifically to answer questions about the report. We request that questions be emailed to the Board Chair at chair@rca-wso.info BEFORE **Sunday, August 8**. This will allow us time to create an agenda which will be posted by Saturday August 15. Each committee will also have contact information in the Annual Report if you wish to contact them directly.

The Fellowship is always welcome to attend the monthly RCA BOT meetings. Notice of the meetings is placed on the website. We are currently meeting the third Sunday of each month at 11am-1pm. Please contact the Chair if you wish to speak at the meeting and we will place you on the agenda.

This has been a difficult time for everyone and our RCA groups have gotten creative in finding solutions so their meetings can continue. Even as physical locations begin to open up, I suspect that many Zoom meetings will remain available. The Board has received a few requests for guidance regarding how zoom meetings can be kept safe for all attending. The BOT has no opinion on how each autonomous meeting is handled other than to adhere to the [meeting posting policy](#) as approved by the fellowship, but we suggest the tools of RCA are usually the answer. The RCA Safety Guidelines, the 12 steps, 12 Traditions, 12 Concepts, and holding a Group Conscience are excellent resources. Several groups make a statement at the beginning of their meeting regarding remembering this is a 12 step meeting and to act and dress as you would in a live meeting.

As always, I am very grateful to RCA and all the wonderful people I have met in this program. Commitment, Caring, and Communication have been a guiding principal in this program and in my life. May you each continue to find Peace and Health in your lives.

Vicki R

2019-2020 RCA BOT Chair